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*A Volunteer Mission Program
for Women Ages 18 to 40*



Join the Carmelite Sisters for the Aged and Infirm and become a Member of the SALT Community

Experience the joy of making a difference in the lives of the elderly.

- Use your individual gifts and skills
- Deepen your faith and discern your future path
- Gain lifelong friends

*No previous experience required—
we mentor you along the way*



FREE room and board for the duration of the program —you only pay to travel.



West Palm Beach, FL
Lourdes Noreen McKen Residence
Choose the week that works best for you! You're invited to stay March 9-10 for beachy Florida fun.

Naperville, IL
St. Patrick's Residence
You're invited to **sightsee in Chicago** July 20-21 and to stay for an optional in-depth week of service July 22-26.



FOR MORE INFORMATION AND TO APPLY

Visit www.carmelitesisters.com/salt-program or contact Stacey Sumereau at staceys@avilainstitute.org or call (518) 751-8265